

JAMES ALLEN'S GIRLS' SCHOOL PHYSICAL EDUCATION CURRICULUM MAP 2009

YEAR GROUP	DOUBLE OR TREBLE	AUTUMN			SPRING			SUMMER
YEAR 7	Two Doubles	HOCKEY or NETBALL	H A L F T E R M	GYM/DANCE/ GAMES/ SWIMMING	GYM/DANCE/ SWIMMING	H A L F T E R M	HOCKEY or NETBALL	ATHLETICS / TENNIS
YEAR 8	Two Doubles	HOCKEY or NETBALL		GYM/DANCE/ GAMES/ SWIMMING	GYM/DANCE/ SWIMMING		HOCKEY or NETBALL	ATHLETICS / TENNIS
YEAR 9	Two Doubles	HOCKEY or NETBALL		FOOTBALL DANCE FITNESS SWIMMING	FOOTBALL DANCE FITNESS SWIMMING		HOCKEY or NETBALL	ATHLETICS / TENNIS
YEAR 10	Two Doubles	WATER POLO/ BADMINTON/ BASKETBALL/ LACROSSE/ TRAMPOLINE/ FITNESS						TENNIS/ CRICKET/ SOFTBALL/ ROUNDERS
YEAR 11	Treble	FITNESS *Choice TRAMPOLINING SAILING YOGA TABLE TENNIS FREE SWIM	SKIING *Choice FITNESS KICKBOXING GOLF BASKETBALL FREE SWIM	ICE SKATING *Choice TABLE TENNIS TRAMPOLINING KICKBOXING	TENNIS *Choice SWIMMING ROUNDERS CRICKET FITNESS			
YEAR 12	Treble	CSLA *Choice POOL LIFEGUARD BADMINTON FITNESS TRAMPOLINING DANCE	CSLA *Choice POOL LIFEGUARD TAI CHI FITNESS GOLF DANCE	CSLA *Choice POOL LIFEGUARD FITNESS BADMINTON DANCE TRAMPOLINING	TENNIS *Choice SWIMMING ROUNDERS CRICKET FITNESS			